



# RIGHTS CATALOGUE Spring 2023



# “Together we are strong!” Strengthen mutual awareness with children’s yoga



Yoga exercises for pairs: 30 Hatha-yoga positions for children from four years of age. “Together we are strong!” – the Asanas, together with the related affirmations, help little yogis to practice together and to treat each other with more awareness. At the same time, concentration and a feeling of togetherness is promoted. Ideal for in-between-times at kindergarten and primary school!

- illustrated yoga partner exercises and related affirmations on the front of the card
- “This is how” and “You’ve got it!”: description and effect on the back of the card
- ideal for kindergarten, primary school and children’s gymnastics

### 30 Yoga Partner Exercises for Children for coordination, communication and concentration

by Ulrike Knuth  
illustrated by Gabriele Pohl

from the series „Körperarbeit und innere Balance. 30 Ideen auf Bildkarten“

boxed set of 32 cards, DIN A5, includes method tips

€ (D) 19,00

EAN 426069492 106 7



# Finding calmness: how Tai Chi can help children find their inner balance



- 14 body awareness exercises which promote inner calmness and balance
- illustrated folded cards with method tips and background information
- especially suited for movement offers in primary schools

## Tai Chi Picture Cards for children

by Sabine Schreiner  
illustrated by Gabriele Pohl

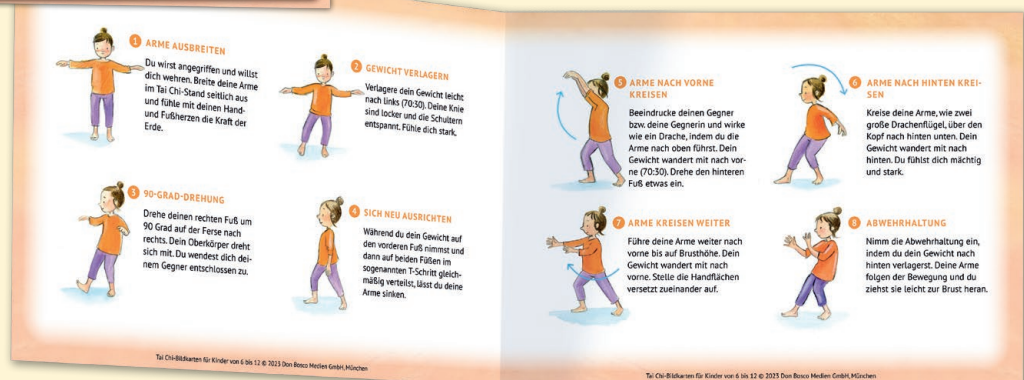
from the series „Körperarbeit und innere Balance. 30 Ideen auf Bildkarten“

boxed set of 15 folded cards, DIN A5, includes method tips

€ (D) 19,00

EAN 426069492 073 2

“Move like a whip” or “lure monkeys”: already just the names of 14 Tai Chi movements arouse the curiosity of children from the age of six. The movement sequences are depicted step-by-step on the folded cards. Without any previous experience, the short units can be used in children’s gymnastics or simply between other activities. With Tai Chi, primary school children can find their inner balance.



# Thankfulness for Creation: learning to preserve and protect



- communicate with nature and all living creatures with the language of the heart
- we are all part of a greater whole: learn empathy in the group
- set of 30 picture cards and method tips

### 30 Picture Cards for Emotional Development

Strengthen awareness and self-worth by experiencing nature

by Zuzana Šebková-Thaller  
illustrated by Martina Müller

from the series „Körperarbeit und innere Balance. 30 Ideen auf Bildkarten“

boxed set of 32 cards, DIN A5, includes method tips

€ (D) 19,00

EAN 426069492 110 4

Be aware of nature’s wonders: these 30 awareness exercises are designed to help experience the world with all our senses. Together, we feel the energy of the world, experience appreciation of it and find new understanding through a change of perspective. Strengthen awareness and self-worth by experiencing nature.



### Finde deinen Baumfreund

Jede Baumart hat eine Besonderheit und jeder Baum hat eine eigene Ausstrahlung. Bäume können viel erzählen, wenn wir bereit sind, ihnen mit dem Herzen zuzuhören.

#### So geht's

Gehe zu einem Baum, der dich anspricht. Lehne dich an oder setze dich zu ihm hin. Schließe die Augen, richte deinen Blick nach innen zu deinem Herzen und entfahle dort das Feuer. Wenn du die Augen wieder öffnest, nimmst du den Baum mit deinem Herzen wahr.

Betrachte seine Wurzeln, seinen Stamm, seine Äste, Zweige und Blätter. Was kannst du entdecken? Was hat der Baum wohl alles erlebt?

Berühre ihn zärtlich mit deinen Fingern und spüre seine Rinde. Höre, wie seine Blätter im Wind rauschen. Das ist seine Musik für dich. Fühle dich von ihm beschützt.

Schließe deine Augen für eine Weile. Spüre, wie die Kraft des Baumes in dich hineinfließt. Öffne dich dafür.

Vielleicht schickt der Baum dir auch einen kleinen Traum oder erzählt dir eine Geschichte. Lasse dir Zeit. Bedanke dich beim Baum, bevor du gehst. Lerne auf diese Weise auch andere Bäume kennen. Sicher findest du einen, der für dich etwas ganz Besonderes ist. Mache ihn zu deinem Baumfreund und besuche ihn so oft wie möglich.

**Wissenswertes:** Früher wurden alte Bäume sehr geehrt. Bei den unbeugsamen Eichen hielt man Gerichte ab. Unter den ausladenden Linden trafen sich Menschen, um miteinander zu sprechen und Geschichten zu erzählen. Noch heute kann man solche Dorfunden finden. Trauerweiden, die ihre Äste bis zur Erde neigen, können Trost-suchenden als Kraftquelle dienen.

**Übungsform:** Einzelübung  
**Das bringt's:** Die Kinder tanken in der Natur Kraft und nehmen sie differenziert wahr.

# Reduce tension and strengthen self-confidence with fantasy journeys



- relaxation exercises for teenagers, with method tips for pedagogy professionals
- 30 fantasy journeys to read aloud, printed on sturdy cards, with relevant photos
- short relaxation stories with lasting impact: 5–8 minutes for each journey

### 30 Fantasy Journeys and relaxation exercises

by Stefan Adams

from the series „Inspirationskarten für Jugendarbeit und Schule“

boxed set of 32 cards, DIN A5, includes method tips

€ (D) 20,00

EAN 426069492 113 5

Consciously “going inside” for a few moments, listening to a short story and afterwards returning strengthened to daily life: young people can achieve this by using Stefan Adams’ fantasy journeys. Thirty picture cards offer relaxation stories from six subject areas, which help reduce stress. Now and then, just let one’s soul “hang loose”: it’s child’s play with these fantasy journeys!



# Together through the jungle: a yoga story for the narrative theatre



- can be used immediately, without previous experience, including download material
- find inner calm with easy-to-learn asanas
- exercises for short breaks in kindergartens and daily life in schools

## Little Yuma – an interactive yoga story

by Gertrud Fassl  
illustrated by Gabriele Pohl

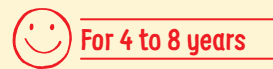
from the series „Bewegungsgeschichten, Körperarbeit und innere Balance mit dem Erzähltheater Kamishibai“

12 picture cards, DIN A3, includes text and download code

€ (D) 18,00

EAN 426069492 127 2

A day in the Amazon jungle: a Kamishibai picture card set with a movement story and 11 asanas for little yogis from four to eight years. The story about Little Yuma and the related relaxation exercises provide more calm in the sometimes turbulent daily life of kindergartens and schools. Children's yoga exercises, accompanied by a funny story – ideal for short breaks!



## Organise picture stories in meaningful order



Recognise and contextualise feelings with picture cards: this set of 30 picture cards can be arranged into nine different picture stories. They all show scenes from children's daily lives which call for empathy. Children from four years can playfully learn to bring processes into logical sequences, thereby recognising feelings!

### Comfort, share, help

Picture stories about empathy and compassion

by Angela Gully

illustrated by Melanie Gürtler

from the series „Denk- und Legespiele für Kinder“

boxed set of 32 cards, 9 x 13 cm, includes handbook

€ (D) 14,00

EAN 426069492 114 2



For 4 to 8 years

- developed for use in kindergartens, primary schools and as therapy material
- What comes first? And then? recognize and assemble logical sequences
- supports child-appropriate social competency: ideal for kindergarten emotions projects

## An emotions game for children



Name emotions with picture cards: a domino game for kindergartens, primary schools, day cares and special-needs schools. Each card shows a symbol and a scene from children's daily lives. Depending on how the children decide to combine the cards, conversations about their feelings emerge naturally. This is how working with emotions succeeds!

### Emotion Dominos

a thinking and tile-based game about emotions in daily life

by Monika Bücken-Schaal

illustrated by Gabriele Pohl

from the series „Denk- und Legespiele für Kinder“

boxed set of 30 cards, 9 x 13 cm, includes handbook

€ (D) 14,00

EAN 426069492 060 2



For 4 to 8 years

- speak about feelings together, for example in your morning circle
- numerous conversation prompts provided by the different combination possibilities
- recognize and name emotions: 30 picture cards with handbook

# Discuss themes such as diversity and tolerance in child-appropriate ways, with the narrative theatre



- from rainbow families to single-parent-families: each family is unique!
- mix-it-up game for nurseries, kindergartens and primary schools
- ideal for speech promotion in kindergartens or in ethics lessons in primary school

### Colourful Families On our sofa, there's room for everyone!

a mix-it-up game for children from age 2  
illustrated by Margret Russer  
with articles by Gesa Rensmann

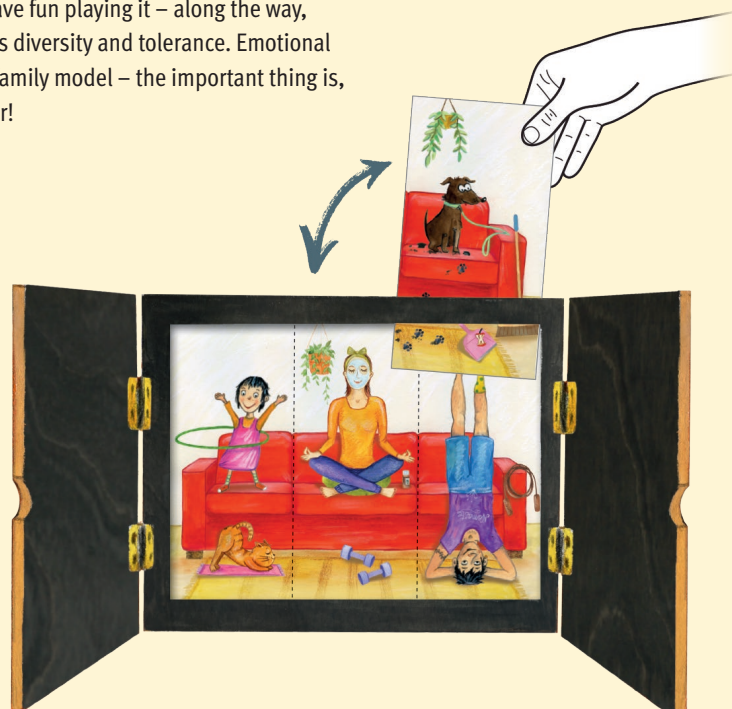
from the series „Spiele im Erzähltheater Kamishibai“

13 perforated picture cards for the mix-it-up game,  
DIN A3, includes method tips

€ (D) 18,00  
EAN 426069492 125 8



Who is sitting with whom on the couch? The biggest possible variety of combinations are possible in this fun mix-it-up game – just as varied as modern families! Children not only have fun playing it – along the way, they are introduced to themes such as diversity and tolerance. Emotional security is not bound to any definite family model – the important thing is, we all have space on the sofa together!





## Children's games for indoors and outdoors



How can we make the world a little bit better? Several creative game ideas around relevant daily themes such as garbage, energy or nutrition show children how they can make their own contributions with little work. With a variety of group games for indoors and outdoors – for guaranteed sustainable fun!

### The 50 best games for Environmental Protection and

Sustainability for ages 4 to 10

by Andrea Erkert

from the series „Don Bosco MiniSpielothek“

book, 80 pages

€ (D) 7,50

ISBN 978-3-7698-2555-8



For 4 to 10 years

- collect personal experience both outdoors and indoors: this is how environmental protection becomes a vivid encounter
- start with good examples: several group games with no material requirements
- 50 simple and tested children's games that address how we can live sustainably

## Create child-appropriate First Communion preparations



This is how Bible study becomes more fun and more memorable! With little preparation, group Bible study meetings can become livelier with activities like table-top “Bible soccer”, painting pictures related to First Communion, or filling an “Idea Treasure Chest” with knowledge that children have gathered about First Communion preparations. These activities provide related fundamental knowledge in child-appropriate ways. Whether to answer questions about how to introduce this topic, create rituals for a successful completion, or plan games with lots of movement – this collection of creative ideas is also perfect for spontaneous use.

### The 50 Best Games for Preparing for First Communion

by Kathrin Termin

from the series „Don Bosco MiniSpielothek“

book, 72 pages

€ (D) 7,50

ISBN 978-3-7698-2556-5



For 8 to 10 years

- create more fun preparing for First Communion with 50 tested children's games
- flexible applications – group games can be prepared instantly, with no materials needed
- for everyone involved in creating the First Communion

# Smarter use of cell phones – reaching children better with the Kamishibai narrative theatre



“You still don’t have a cell phone?!” Actually, Henry is happy that his cell phone is only made of chocolate, because he knows the dark side of the online world. This humourously-illustrated story sensitises children from the age of five towards potential dangers in using cell phones and other media devices, and invites them to reflect together on how to use them in a meaningful way.

- **mobile online safety: avoiding cell-phone addiction and discovering potential dangers**
- **a drawn-from-life story for the Kamishibai, with 13 picture cards and text**
- **flexible applications: for pedagogic offers in day cares or projects in kindergarten and primary schools**

### Be Smarter than your Smart Phone!

by Anke Noppenberger  
illustrated by Antje Bohnstedt

from the series „Kamishibai-Geschichten für Persönlichkeitsentwicklung und Kinderschutz. Für die Präventionsarbeit in Kita, Grundschule und Förderschule“

13 picture cards, DIN A3, includes handbook  
€ (D) 18,00  
EAN 426069492 131 9



# Experience a meadow's eco-system



- picture cards with 30 games, research tasks, craft ideas and much more
- learn playfully: gather valuable knowledge about meadow-living plants and animals
- ideal for the meadow project in kindergarten and primary schools

### Let's go to the meadow!

by Petra Bezdek and Monika Bezdek  
illustrated by Anja Goossens  
with articles by Manuela Olten


from the series „Praxis Natur- und Umweltpädagogik in Kita und Grundschule“

boxed set of 32 cards, DIN A5, includes method tips

€ (D) 20,00

EAN 426069492 117 3


Experience nature with all one's senses: the picture cards lure kindergarten and primary school children to the meadow with 30 different activities! With movement games, creative projects and much more, this "living room" can be explored in all seasons. Children from three years of age can encounter and learn about the meadow's animals and plants and develop a relationship with this varied eco-system.

 For 3 to 8 years




### Von der Raupe zum Schmetterling

Auf der Wiese begegnen uns viele Schmetterlinge wie Zitronenfalter, Kleiner Fuchs, Tagpfauenauge oder Bläuling. Aber woher kommen sie eigentlich?

 Alles beginnt mit einem Ei. Die Eier liegen ganz ruhig allein oder zu mehreren auf einem Blatt. Im Inneren des Eis wächst eine Raupe heran. Bald wird es ihr zu eng. Sie beißt ein Loch in die Schale und kriecht heraus. Sie beginnt sofort damit, an ihrer Lieblingspflanze zu knabbern, oft sind es Brennnesseln. Die Raupe frisst und frisst und wächst und wächst. Wenn ihr die Haut zu eng wird, streift sie diese ab. Sie häutet sich mehrmals, bis sie ausgewachsen ist. Dann wickelt sie sich vollständig mit einem Faden ein und erstarrt zur Puppe. In diesem Kokon wird aus der Raupe ein Schmetterling. Endlich ist es so weit: Der Schmetterling schlüpft! Er hat noch

weiche Flügel, die er vorsichtig entfaltet. Auch seine Fühler und Beine streckt er langsam aus, bevor er zu seinem ersten Flug über die Wiese startet.

 Die Kinder spielen die Geschichte mit. Zunächst rollt sich jedes Kind zu einem Ei zusammen, dann stellt es pantomimisch die beschriebenen Vorgänge dar [= fett gedruckte Textstellen]. Das Rollenspiel wird dabei altersgerecht angeleitet. Die Geschichte kann ausgeschmückt werden. Um die Eihülle oder den Kokon darzustellen, können die Kinder sich mit einem Tuch zudecken.

Material: evtl. große Tücher  
Förderaspekt: Fantasie, Aufmerksamkeit, Rollenspiel, Einfühlungsvermögen

# Communicating knowledge in a lively way: that's how the Kamishibai works!



- with 12 beautifully-detailed Kamishibai picture cards in DIN A3 format, with text
- let go of prejudices against “creepy-crawlies”: learn about the earthworm and its home
- the earthworm: how it lives, what it eats and more, clearly shown and explained in the Kamishibai narrative theatre

## What does an earthworm do in the garden?

by Lydia Hauenschild  
illustrated by Nadine Bougie

from the series „Sachgeschichten für unser Erzähltheater“

12 picture cards, DIN A3, includes text

€ (D) 18,00

EAN 426069492 126 5



Earthworms are useful, fascinating – and not at all creepy! With these 12 humourously-illustrated picture cards for the narrative theatre, it will be easy to reduce fears of contact and answer all the questions that primary school and kindergarten children have about the hardest-working of all garden helpers, the earthworm. A perfect opportunity for further project work and expeditions to the earthworm's home.



# Bringing Christian stories to life



The Christian Holy Week begins with the story of Jesus' jubilant reception in Jerusalem. Beautifully-detailed backgrounds and lovingly-designed figures make it easy for children of kindergarten and primary school age to access the Bible's Easter story.

- figures and backgrounds, characters' clothing and even the palm procession donkey, can be individually designed or used immediately as delivered
- with tips for play direction and working with the narrative track and materials
- for religious offers in kindergartens, children's services or in primary school lessons

## Palm Sunday: Jesus arrives in Jerusalem

illustrated by Petra Lefin

from the series „Spielfiguren für die Erzählschiene: Bibel, Heilige und Vorbilder“

16 crafting sheets of card stock, 8-page booklet, text, DIN A4

€ (D) 15,00

EAN 426069492 118 0



# Bible knowledge for children: lesson materials for looking at the past



- 14 DIN A3 picture cards with extensive text
- with tips for play direction and working with the narrative track and materials
- ideal for religious pedagogy offers in kindergartens, communities and primary schools

## How did people live in Jesus' time?

by Esther Hebert and Annegret Gerleit  
illustrated by Petra Lefin

from the series „Bildkarten für den Religionsunterricht“

14 picture cards, DIN A3, includes text

€ (D) 18,00

EAN 426069492 051 0



Bible stories describe living conditions which children find quite hard to imagine. To make this easier, these picture cards depict the daily life of children in biblical times. Young Simon helps his father with his work, goes to school and walks to the Feast of Tabernacles, in Jerusalem. In this way, life in Jesus' time becomes understandable for children from the age of five. Ideal for use in primary schools and children's religious services.



For 5 to 12 years

# Which messages are behind the psalms? Religious education for kindergarten children



Become acquainted with the psalms together with children. The psalms are an important part of the liturgy, but are not always easily understood by children, due to the symbol-laden language. This Don Bosco picture card set enables a child-appropriate introduction to the tradition and meaning of the psalms. Perfect for use in children's services or as additional material in religion classes.

- **praying together with children: well-known psalms re-written for children**
- **response verses, some with notes for singing**
- **divided into four main themes: God, Creator of the world; God, my hope; God, hidden yet present; God, my companion through the year and through time**

### God is with me

30 psalms for kindergartens and children's religious services

by Peter Hitzelberger  
illustrated by Annette Hårdter

from the series „Spielen – Lernen – Freude haben. 30 tolle Ideen für Kindergruppen auf DIN-A5-Karten“

boxed set of 32 cards, DIN A5, includes method tips

€ (D) 17,00

EAN 426069492 105 0



Gott – verborgen und doch da

**Gott, sei nicht fern von mir**  
(nach Psalm 22)

Text: nach Psalm 22,8, Melodie: Adelheid Schnelle

Gott, sei nicht fern von mir! Er - bar - me dich.

Gott, sei nicht fern von mir! Er - bar - me dich.

Wenn ich deine Hilfe brauche, rufe ich dich, Gott.  
Am Tag warte ich auf deine Antwort,  
in der Nacht finde ich keine Ruhe.

Zu allen Zeiten haben Menschen auf dich gehofft.  
Du hast sie nicht enttäuscht.  
Hörst du auch meine Klage?

Gott sei nicht fern von mir! Erbarme dich!      Gott sei nicht fern von mir! Erbarme dich!

# What is the meaning of the rosary prayer? The primary prayers with the narrative theatre



- ideal for children from four to ten years
- 11 Kamishibai picture cards with extensive handbook, includes text and method tips
- can be used in many ways, e.g. in children's religious services, religious pedagogy in kindergarten or as preparation for First Communion

## Talking about the Rosary

Stories, prayers and traditions

by Monika Mehringer  
illustrated by Petra Lefin

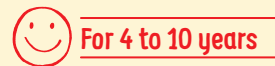
from the series „Mit Kindern beten: Bildkarten für das Kamishibai“

11 picture cards, DIN A3, includes text

€ (D) 18,00

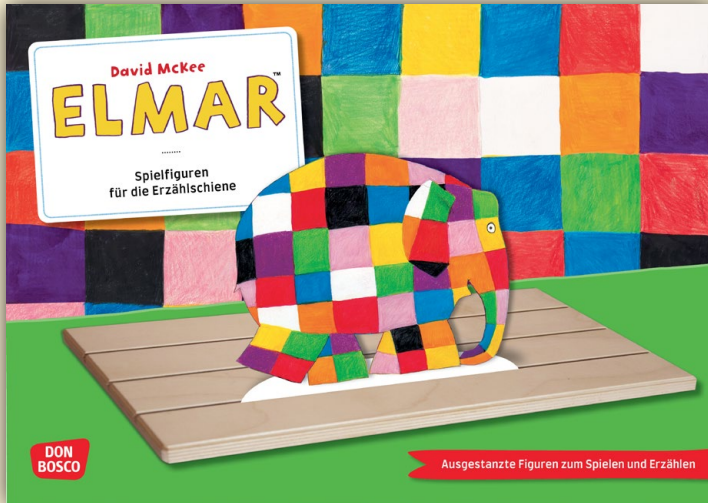
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How does one say the rosary? And what are its “secrets”? Thanks to the picture cards for the narrative track and the extensive handbook, no questions about the meaning and content of the rosary prayer will remain open. Perfect for use in preparation for First Communion, in children's religious services or in religion classes.





# An elephant like no other: Talking about being different, with the narrative track



Elmar is a bit different - instead of being grey like the usual elephants, he's all checkered - in colours! At first, he tries to fit in, but eventually his being different is celebrated with an Elmar-Day. The narrative track figures help children understand complex themes like diversity and acceptance. In this way, a lively discussion about inclusion in kindergarten succeeds!

- **diversity, identity and acceptance: child-appropriate presentation of difficult concepts**
- **colourful instead of grey: Elmar, the checkered elephant, now for the narrative track**
- **ideal for a pedagogic offer in kindergartens and for multidisciplinary lessons in primary schools**

## Elmar

Play figures for the narrative track  
by David McKee  
illustrated by David McKee

from the series „Spielfiguren für die Erzählschiene: Bilderbuch-Geschichten“

cut-out figures and backgrounds, 12-page instruction and text booklet, DIN A4

€ (D) 15,00

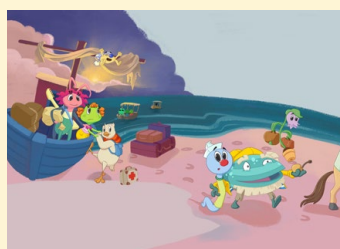
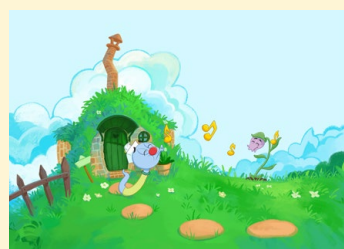
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For 2 to 8 years



# Encourage and support children with Kamishibai stories



- an offer for kindergartens and primary schools, for talking about causes of flight and its consequences
- music can help and comfort: two new Bakabu songs as downloads
- talking about it helps: the stories from Tubatown inspire children to tell their own stories

## Bakabu and the Firey Volcano

by Ferdinand Auhser

illustrated by Jeremias Lindner , Daniela Huber , Agnes Mayer and Manuela Wildauer

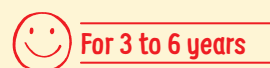
from the series „Bilderbuchgeschichten für unser Erzähltheater“

13 picture cards, DIN A3, includes text and mp3 download

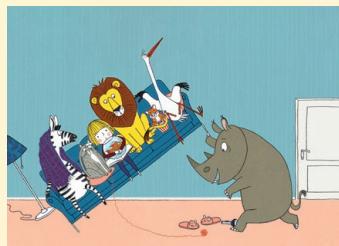
€ (D) 18,00

EAN 426069492 129 6

A dramatic story from Singalongland: when the volcano erupts, Bakabu and his friends have no other option but to flee. The earworm's adventure was developed to help refugee children talk about their experiences. For the inhabitants of Tubatown, it's the same: together, it is easier to process traumatic experiences – and the energy of the music always helps!



# A book-lover seldom stays alone: funny animal stories about the adventure of reading aloud



- for presenting in the narrative theatre, with funny details to discover anew
- create a foundation for the love of books and increase the motivation to read in early childhood
- with 12 large-format Kamishibai picture cards and text

## Can I sit in the middle, please?

by Susanne Straßer

illustrated by Susanne Straßer

from the series „Bilderbuchgeschichten für unser Erzähltheater“

12 picture cards, DIN A3, includes text

€ (D) 18,00

EAN 426069492 079 4

Great fun for big and small fans of reading aloud! Hamster, Rhinoceros and friends want to read a book together, but before they can begin, there are some problems to solve. With simple illustrations and memorable sentences, these picture stories celebrate reading aloud as a positive shared experience and contribute to vocabulary development in nursery schools and kindergartens.



## Don Bosco Media...

... belongs to the leading tradition-rich and corporation-independent specialist publishers for early childhood pedagogy and religious pedagogy.

Our practical and expertise source books, work material and innovative products, such as the story theater “Kamishibai” or the original Don Bosco “Narrative Track”, accompany the daily work of caring for and education children and have earned themselves a high reputation amongst childcare workers, teachers and community workers.

Our experienced authors maintain a constant exchange with their target audience to guarantee up-to-date practical relevance.

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