

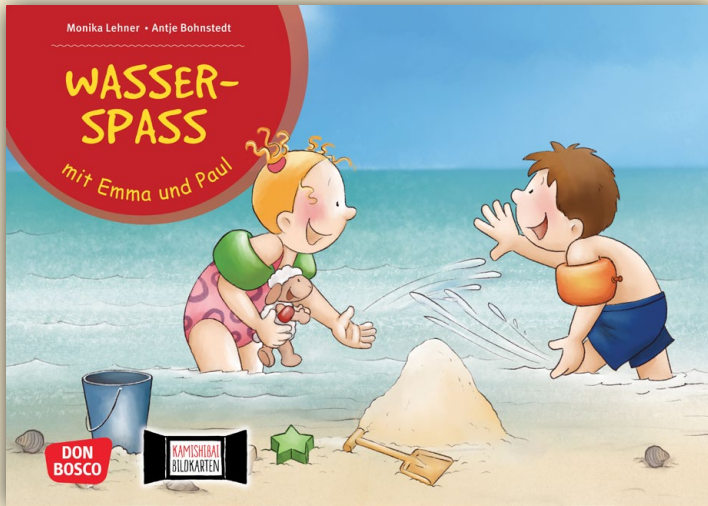


RIGHTS CATALOGUE

Spring 2022



Stories full of speaking opportunities and expertise for children



- **swimming, splashing, playing:** amusing water-themed stories, enhanced by picture cards which playfully support speech development
- **includes relevant expertise:** “How we move in water” and “Everything you need to know about water and bathing fun”



Splashing, squirting, frolicking! Whether in the bathroom at kindergarten, in the garden wading pool, at the lake or seashore: playing near and in water always means lots of fun for Emma and Paul – and of course, for Lamb, too! And when summer’s over, the jolly fun moves inside to covered swimming pools.

The narrative theater, in which a series of picture cards are inserted in a frame while a story is being told, is a multi-faceted educational medium. Emma’s and Paul’s experiences reflect children’s lives – and thus, children can identify with those experiences. Together with the information pages provided, the Kamishibai stories are perfectly suited to speaking with children about their own experiences and thereby playfully conveying expertise about safe behavior in all forms of water.

From lovely days bathing at the lake, to the theme of washing hands at kindergarten – with Emma and Paul, supporting speech development and conveying knowledge succeed simultaneously!

Water Fun With Emma and Paul

Discover – Describe – Understand: Emma and Paul stories

by Monika Lehner
illustrated by Antje Bohnstedt

from the series „Emma-und-Paul-Geschichten für unser Erzähltheater“

12 picture cards, DIN A3, includes script

€ (D) 16,00

EAN 426017951785 3



For 1 to 5 years

Short Fairy Tales for Nursery School Children: The Ugly Duckling



- a simplified version of the classic fairy tale, told sensitively in clear visual language on 7 colourfully-illustrated picture cards
- animal protagonists make the story especially interesting for children
- a fairy tale experience for the youngest, including ideas for engagement

The Ugly Duckling

Fairy Tales for Children from 1 to 3

by Hans Christian Andersen
illustrated by Antje Bohnstedt

from the series „Märchen für das Erzähltheater mit Kindern unter drei Jahren“

7 picture cards, DIN A3, includes script

€ (D) 12,00

EAN 426069492 026 8

Being different is not easy: The poor little grey duckling doesn't look at all like the other fluffy yellow hatchlings. Excluded and sad, he hides, until he has grown into a beautiful swan. Andersen's fairy tale belongs to the favourite stories of many children. Now, a shortened version specifically for the narrative theater is available for nursery school children.

An introduction to the world of fairy tales – implementing the Kamishibai narrative theater!

The structure of the Kamishibai, with its free-standing frame into which individual picture cards are inserted and removed in sequence while a story is being told, is perfectly suited to the presentation of this classic fairy tale.

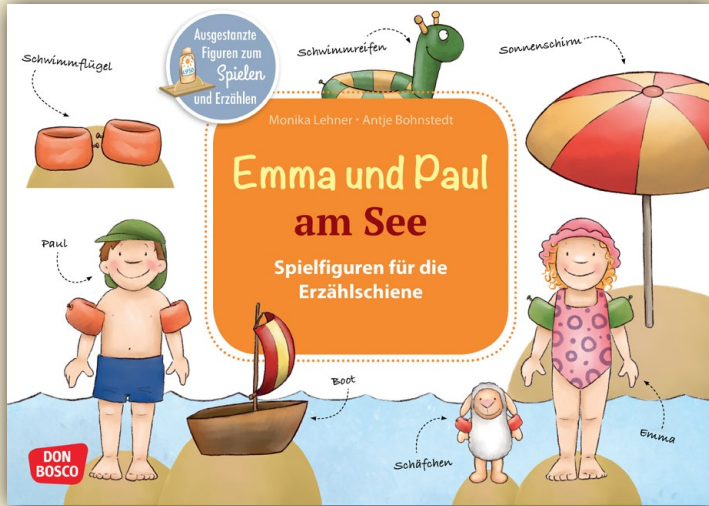
The simple language, short sentences and compacted story on just a few picture cards, do not overwhelm small children. The narrative tempo can be adjusted to the needs of the children, leaving adequate time for their own discoveries within the images. Through listening and repeating, they learn new words and grammatical structures, thereby developing their feeling for language.

This makes the Kamishibai story of the ugly duckling that becomes, in the end, a fully-grown swan admired by all, a beautiful fairy tale experience for the youngest children!



For 1 to 3 years

Active, Vivid and Lively: Presenting Stories with the Narrative Track



single words clockwise: water wings, water floaty, sun umbrella, boat, Lamb

The sun's shining, it's hot and cool fun is calling: Emma, Paul and Lamb want to spend the day at the lake. They pack everything that belongs to a day full of fun near the water: towels, sun cream and a small sail boat. What will they do first at the lake?

With the Emma and Paul cut-outs for the narrative track, short stories about the daily lives of small children can be easily understood.

Active, Vivid and Lively: Presenting Stories with the Narrative Track

With this figure theater, the characters and backgrounds are visibly moved along grooves in the base. The resulting three-dimensional experience allows the relationships between the characters to be more easily grasped than in two-dimensional picture books. This helps children to recognize relationships and to identify behaviours. This allows them to access their own feelings more easily.

- a light-hearted story about a day at the lake for small children, ideal for nursery schools and kindergartens
- complete set of cut-out figures can be immediately used for speech development and understanding, through playful listening, watching and repeating
- includes instruction and text booklet; download-code for outline drawings to colour

Emma and Paul at the Lake

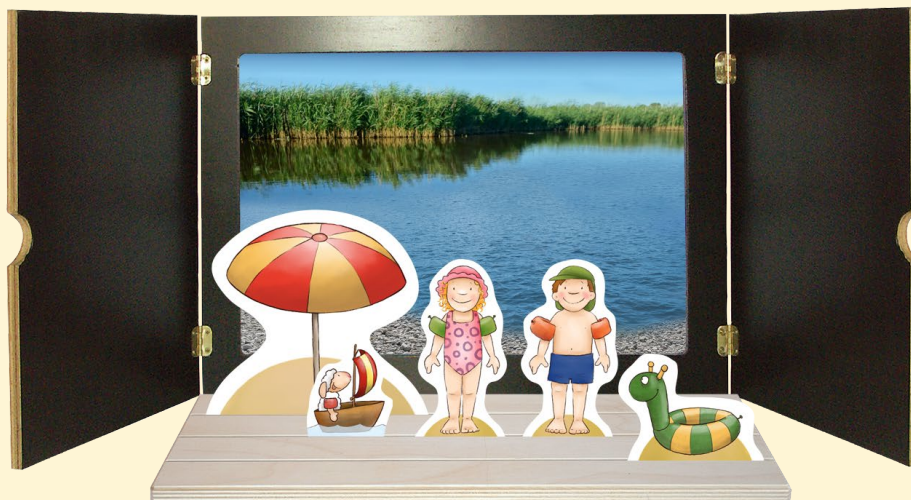
cut-out figures for playing and telling stories

by Monika Lehner
illustrated by Antje Bohnstedt

from the series „Spielfiguren für die Erzählschiene: Emma-und-Paul-Geschichten“

cut-out figures and backgrounds, 8-page instruction and text booklet, DIN A4

€ (D) 14,00
EAN 426017951786 0



Spring Stories for Children: Emma and Paul Wait for the Easter Bunny



single words clockwise: egg dyes, Easter, eggs, Lamb, Easter nest, Easter bunny, Easter branches

The first flowers are peeking from the earth, trees and bushes are pushing out leaves and buds – at last the weather is warmer again! Emma and Paul are busy with Easter preparations. They bring spring into their home with a spray of Easter branches and decorate the blossoming branches with colourfully-painted Easter eggs. Lamb is quite impatient – since he has known all about the Easter bunny, he can't wait for its arrival.

Together with Emma, Paul and Lamb, young children can discover what the Easter celebration means.

Scenes from the Daily Lives of Children – an Easter story for the narrative track

Emma, Paul and Lamb experience typical situations that are familiar to children. The three-dimensional aspect of the narrative track makes the relationships between the characters more visible than in a two-dimensional picture book. This helps children to recognize relationships and to identify behaviours. They find themselves and their daily lives in the story and the likeable figures. This motivates them to practice their available language and freely talk about their own experiences with the Easter bunny and to report their own preparations for the celebration of Easter!

- ready-to-use set of Easter-themed narrative track figures and backgrounds, ideal for pedagogic opportunities and speech development in nursery schools and kindergartens
- accompanying booklet with play tips for presentation and teaching suggestions
- extra outline drawings of all figures can be downloaded, cut out and coloured as desired

Emma and Paul celebrate Easter

cut-out figures for playing and telling stories

by Monika Lehner

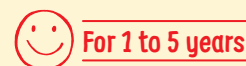
illustrated by Antje Bohnstedt

from the series „Spielfiguren für die Erzählschiene: Emma-und-Paul-Geschichten“

cut-out figures and backgrounds, 8-page instruction and text booklet, DIN A4

€ (D) 14,00

EAN 426017951 787 7



Jesus is always with you: a short Bible story for the narrative theater



Three days after Jesus died on the cross, three women discover that his grave is empty. What could have happened? The story of Jesus Christ's resurrection is one of the most important Christian narratives. Supported by the Kamishibai picture cards, teachers and community speakers can relate the meaning of Easter to young children.

Everyone rejoices: Jesus has risen

5-minute stories from the Bible

by Esther Hebert and Gesa Rensmann
illustrated by Sonja Häusel-Vad

from the series „5 Minuten Geschichten aus der Bibel“

6 picture cards, DIN A3, includes script

€ (D) 10,00

EAN 426069492 019 0



For 2 to 8 years

- fresh, emotional and accessible picture cards provide an age-appropriate, simplified resurrection narrative
- the biblical Easter story includes script and suggestions for presentation or reading aloud
- ideal for Easter preparations in nursery schools, kindergartens and communities

Feel and Understand: Bringing Bible Stories to Life



Jesus once gave his disciples an important task. While they were sitting together at a big celebration in Jerusalem, not knowing how to fulfill this task, a Pentecostal miracle occurred. The Holy Ghost flowed into them, filling them. The disciples went out in the street and spoke to the people there – and each person understood them in their own language!

The age-appropriate text and the figures designed by Petra Lefin bring the Pentecostal story of “speaking in tongues” alive for children – a lovely enhancement for religious offerings in kindergartens or communities.

Pentecost: God Gifts Us His Spirit

play figures for the narrative track

illustrated by Petra Lefin

from the series „Spielfiguren für die Erzählschiene: Bibel, Heilige und Vorbilder“

cut-out figures and backgrounds, 8-page instruction and text booklet, DIN A4

€ (D) 14,00

EAN 426069492 016 9



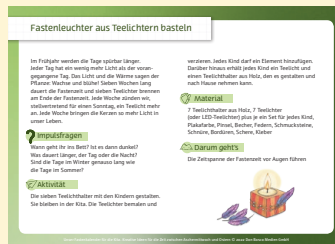
For 4 years

- explaining Pentecost: the Holy Ghost enables the disciples to speak in foreign tongues
- complete set of figures, backgrounds, script, instructions for directing and ideas for extra activities, including outline drawings to cut out and colour
- for children from 4 years in kindergartens, elementary schools, special needs schools and communities

Awareness practice, craft ideas: Experiencing the Lenten season creatively with children



- 32 colourfully-illustrated cards with activities for the Lenten period of fasting, suitable for kindergartens, with a 16-page booklet
- varied themes: endings and new beginnings, being aware, sharing, togetherness and much more, including background information for teachers on traditions and religion
- picture cards with Lenten craft ideas, stillness exercises, games and songs suitable to the kindergarten year: one card for each of the 32 kindergarten work days



For many adults, the 40 days before Easter Saturday offer time for introspection, for a conscious shrinking of their desires. With the Fasting Calendar for Kindergartens, children from the age of three can become familiar with the meaning of fasting traditions. Creative ideas, spiritual impulses and religious background knowledge alternate – making the time before Easter in kindergartens something special!

Diverse Ideas for Kindergarten Morning Circles and Themed Hours

The practical set contains all the information that you need for a playful and child-appropriate introduction to the spiritual background of Lent.

The easy offerings of the fasting calendar are simple to implement and don't demand any special religious knowledge. Since fasting doesn't necessarily require denial of food, but rather conscious sacrifice of beloved things or habits, the children can contribute their own ideas. In this way, religion and spirituality can be experienced in children's daily lives!

A Lenten Calendar for our Kindergarten

Creative Ideas from Ash Wednesday to Easter
by Annegret Gerleit
illustrated by Nadine Bougie

from the series „Spielen – Lernen – Freude haben.
30 tolle Ideen für Kindergruppen auf DIN-A5-Karten“

boxed set of 40 colourfully-illustrated cards, DIN A 5,
including methods booklet

€ (D) 16,00
EAN 426017951 617 7



Experiencing Reflection and Togetherness: Devotions for Kindergarten Children



- devotions, spiritual rituals and Bible stories, aligned with the Protestant and Catholic liturgical year and easy to use by teachers even without parish support
- two devotional blessings for the beginning and end of the kindergarten year
- a methods book with many suggestions, creative ideas, movement games and immersion possibilities

Come, let's discover the church year!

12 short devotions for children from 3 to 6
by Martina Helms-Pöschko

Book, 96 pages, photos

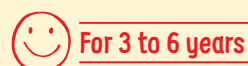
€ (D) 17,00

ISBN 978-3-7698-2542-8

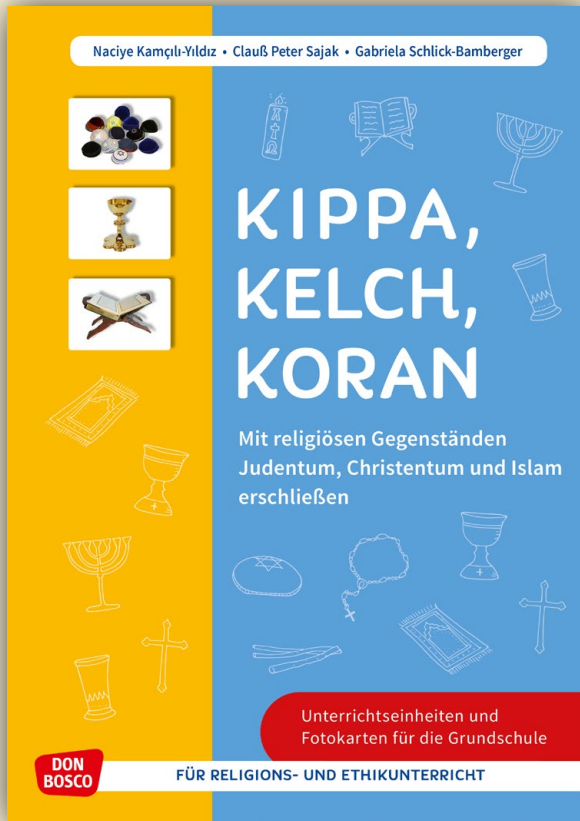
Twelve short devotions, one for each month, invite children to linger a while and sense nearness, trust and comfort! The book accompanies children on their journey through the seasons. The curious little donkey, Zippora, has many questions about God and the world, just like children do. Clearly-structured instructions for teachers are provided for each mini-devotion, as well as ideas on how experiences shared with children can be deepened.

Devotions and religious stories for short children's worship services

The recurring celebrations and rituals of the liturgical year offer many opportunities to introduce children to the Christian faith and to share Jesus's message. Experiencing community and togetherness is primary. Whether telling stories, playing or singing in large and small groups, there are many easily-applied possibilities to integrate religious holidays in the daily life of kindergartens and celebrate with short devotions!



Learning about World Religions Through Their Symbols of Faith



- inter-religious learning with Jewish, Christian and Islamic symbols and objects, supported by picture cards and 21 lesson units
- portfolio contains book, photocopiable work sheets and 21 photo cards in DIN A5 format help save lesson-preparation time
- ideal for elementary religion and ethics classes

Kippa, Goblet, Koran: Understanding Judaism, Christianity and Islam Through their Religious Symbols

lesson units and photo cards for elementary school. For religion and ethics classes.

by Clauß Peter Sajak, Naciye Kamçılı-Yıldız and Gabriela Schlick-Bamberger

plastic pouch with 120-page book, DIN A4; download code; 21 Photo cards DIN A5

€ (D) 25,00

ISBN 978-3-7698-2529-9

What distinguishes these three major world religions? Which holy symbols does Judaism have? Which religious rituals does Islam celebrate? Are there similarities with Christianity? The set offers teachers extensive lesson materials with which they can provide elementary school students information about these three major world religions. Additionally, they can discover with the children which similarities Judaism, Christianity and Islam share.

Judaism, Christianity and Islam: Here's how inter-religious dialog with children succeeds!

Whether in Ethics class or in Religion class – photo cards enable showing symbols of faith without teachers having to organise the symbols themselves. With these cards, elementary school children receive vivid and concrete insights into Judaism, Christianity and Islam, religions which are related to one another. In this way, you can create a lively inter-religion dialogue with little preparation time.



Kindergarten Management Made Easy: Digital Tools for Training and Vocation



- 40 cards, a handbook and download material combine to offer a quick overview of 12 tools and their applications
- promotes media competence in education professionals with reflection questions about their own attitudes to digital tools and media
- practical, relevant and easy to implement in the daily life of kindergartens, through application examples

Digital mind-maps, collaborative documents or online surveys: correctly used, media tools ease organisation, presentation, documentation and administration. With this set of cards, teaching professionals can quickly get an overview of twelve current tools which can support them in their daily tasks. For every situation, the right digital tool can be found – whether for self-organisation, team work or working with parents.

Meaningful Media Use in Kindergartens – an easily-understood introduction with many applications for professional practice

The picture cards lead step-by-step through the applications and show the possible areas of use with concrete examples from daily life in kindergarten and further pedagogic contexts. This makes it easy to imagine using them in one's own daily work routine. Creating a QR-code that connects to a folder with photos of the latest kindergarten party, or administering a digital calendar which enables an overview of varied tasks - digitalisation in educational institutions can help with many tasks!

Using Digital Media Tools Competently and Creatively

40 cards for professionals in kindergarten, training and further education. Many practical examples - by teachers, for teachers

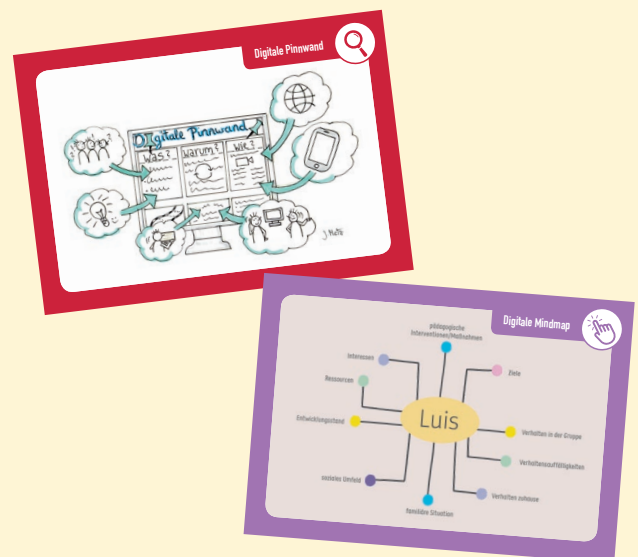
by Julia Brandl and Evelyn Brandl

from the series „Mein Beruf - meine Kita. Don Bosco Bildkarten für Ausbildung, Teamentwicklung & Qualitätsmanagement“

Boxed set of 40 cards, DIN A5, with method booklet and download code

€ (D) 20,00

EAN 426069492 007 7



PROMOTING CHILD DEVELOPMENT: A 360° view of Children’s Needs



- practical handbook for training and further education of teaching professionals, with many tips and recommendations for pedagogical practice
- comprehensive reflections tools, questionnaires and checklists to download
- can be enhanced by the “Understanding and Accompanying Child Development” card set

I see you and I understand what you need

five basic pedagogic principles for accompanying child development
by Sybille Schmitz

120-page illustrated book; download code

€ (D) 20,00
ISBN 978-3-7698-2538-1

How do adults approach children? What do we see, when we observe children? How do we assess their personal environment and their families? Whether in nursery schools, kindergartens or day care: only those who are aware of their own inner attitudes can adequately accompany and foster children in their development. Then it’s possible for all fundamental pedagogical attitudes – resource orientation, needs orientation, competence orientation, relationship orientation, as well as situation orientation – to develop equally.

Promoting Child Development: A 360° view of Children’s Needs

Practically relevant and with many case examples, this book shows how the five fundamental orientations can be implemented in daily pedagogic practice. This facilitates the observation of children, the assessment of child behavior and the developmental steps of the child. In each chapter of the book, reflection questions are integrated. These may be downloaded as work sheets. These useful tools help teachers and care-givers to transform their view of children from a personal one to a 360° panorama view. In this way, they can optimise their own behavior and adjust it to the developmental needs of children, following realistic pedagogic goals!



Building Democracy with the Kamishibai: How Should the New School Yard Look?



- how does a democracy function? Lesson material and comprehensive teaching plan present democracy tangibly for elementary school and day care
- 17 picture cards present democratic education as a story for children who learn to make decisions fairly
- making decisions democratically: impulses to stimulate discussion of personal experiences



Who actually gets to decide here?!

learn democracy, live participation

by Jeanette Boetius

illustrated by Manuela Olten

from the series „Sachgeschichten für unser Erzähltheater“

17 picture cards, DIN A3; script; download code

€ (D) 20,00

EAN 426069492 028 2

What an exciting project: the elementary school yard will be designed anew and the school director wants to involve the children democratically! But it soon becomes clear that not all ideas can be implemented. How can this problem be solved?

Author Jeanette Boetius and illustrator Manuela Olten use this story to present the fundamental principles of democracy – complete with open and closed voting, majority decisions and close voting results.

The Kamishibai narrative theater in schools: presenting expertise with visual support

With the Kamishibai, in which a series of picture cards are inserted in a frame one after the other during a narration, the complex topic of democracy can be made comprehensible.

Visually-supported narratives animate children to exchange their own experiences with each other. In doing so, they become increasingly confident and independent and learn to speak up even in larger groups. The story is based on their own daily lives at school and thus encourages them to find their own answers to questions such as “How would the children design their school yard? Who could imagine representing their peers and speaking with the architect and school director?”

This creates understanding of how politics and democracy function and what it means to assume responsibility.



For 5 to 10 years

Ready, set, garden! Grow plants and vegetables and design a garden



- 32 DIN A5 cards on sturdy stock, printed on both sides, with methodical tips for simple projects requiring no previous experience
- planting and harvesting with children from gardens or from containers on balconies or terraces
- 30 four-season garden tips and information about plants, nature and ecological cycles

How do you attract earthworms? Can you make fertilizer from stinging nettle?

These 30 exciting garden projects and ideas bring children in contact with earth and plants and awaken their desire to experiment. Whether crafting for the garden, starting seedlings, creating bird food or cooking up herbal candies – you can just get started, because seasonally-appropriate ideas are quickly available in the handy picture cards. Author Silke Bicker consciously chose easy-to-maintain beginners' projects which even kindergarten groups can manage. It doesn't matter if a big planting bed is available or just a small area, such as a potted or balcony garden. In this way, gardening is fun for children and becomes a soothing and refreshing experience for all the senses.

Ready, set, garden!

30 activities and ideas for urban gardening with children

by Silke Bicker
illustrated by Anja Goossens

from the series „Praxis Natur- und Umweltpädagogik in Kita und Grundschule“

Boxed set of 32 cards, DIN A5, including method tips

€ (D) 18,00
EAN 426017951 792 1



From seeds to plants: these 30 beginners' projects are guaranteed to succeed!

Planting vegetables, raising seedlings, designing beds and processing the harvest

oneself: no wonder gardening is so popular! And because a love of nature often begins with gardening and crafting with natural materials, these clever and fun garden projects provide children with just such opportunities.

The picture cards set “Ready, set garden! 30 activities and ideas for urban gardening with children” doesn't just motivate children to get involved and enjoy being outdoors, but also provides them with expert information about the world of plants in a playful way!

Gardening with children: impart nature expertise with the Kamishibai



- Kamishibai informative stories: lively narration of practical nature knowledge and urban gardening
- 12 colourful and detailed picture cards with much to discover about tomatoes, plus a script and questions for further study
- speech development focused on healthy nutrition for children



Where Ketchup Grows

How a tomato sprouts and ripens. Discover. Describe. Understand: informative stories

by Lydia Hauenschild
illustrated by Mile Penava

from the series „Sachgeschichten für unser Erzähltheater“

13 picture cards, DIN A3; script

€ (D) 16,00

EAN 426069492 027 5

Karim and Maleika have been invited by the Miller family to help sow tomato seeds. Over the next months, from spring until autumn, the children visit again and again. While doing so, they learn everything about the life cycle of the tomato. With this set of picture cards for the Kamishibai narrative theater, children can discover everything that must be done before they can enjoy their ketchup. In short narrative segments, they accompany Karim and Maleika step-by-step through the many necessary tasks.

Gardening with children: Teaching nature expertise with the Kamishibai

With the Kamishibai narrative theater, children experience the stories with all their senses, and are animated to listen and engage. The picture cards, which are presented in sequence during the narration, show the many steps from an unremarkable seed to a delicious tomato from one's own garden. At the same time, questions appropriate to the illustrations create the urge to try being a gardener oneself. The themes of healthy eating and environmentally-aware food shopping naturally arise for further discussion at the end of the presentation.

With these stories for the narrative theater, you can convey to children pleasure in growing vegetables and knowledge of the sources of regional food!



For 4 to 8 years

Strong together: improve co-operation with friends and fun!



Treating oneself and others with understanding, empathy and awareness: a major challenge for students, which needs much practice. But how can appreciation succeed in daily life? Education consultant Marco Kargl has collected pedagogic games for inside and out, which train children in appreciative behavior, self-care and communication in their community. His game collection is organized into five themes so that teachers can always have the appropriate team game quickly at hand.

The 50 Best Games for Appreciation in Daily Life

by Marco Kargl

from the series „Don Bosco MiniSpielothek“

Book, 80 pages

€ (D) 6,00

ISBN 978-3-7698-2540-4



For 6 to 10 years

- **learn appreciation and awareness: playful social training for elementary school students and as a pedagogic practice in day care**
- **50 team and co-operation games for children from 6 to 10 years which strengthen feelings of togetherness and self-esteem**
- **just open the book and begin! 50 group games which require little material and no experience**

Social games for more self-care, self-love and confidence



What are my strengths and what can I do really well? What are my wishes and goals? And what makes me a valuable member of the group? Especially teenagers and pubescent youth search for their sense of belonging in peer groups. These 50 group games help them to reduce stress and fears and develop self-appreciation. This collection of games is divided into five themes, so that anyone can quickly find the appropriate team game.

The 50 Best Games for More Self-love

for 12- to 16-year-olds

by Norbert Stockert

from the series „Don Bosco MiniSpielothek“

Book, 80 pages

€ (D) 6,00

ISBN 978-3-7698-2539-8



For 12 to 16 years

- **resilience and self-love: creative ideas for working with youth, strengthening their feelings of togetherness and self-esteem**
- **for teachers, therapists, group leaders and pedagogs, perfect for pedagogical projects**
- **just open the book and begin! 50 group games require little material and no preparation**

Grow Early Vocabulary: Recognize and Name Opposites



- picture card set with 30 opposite adjectives plus accompanying booklet for teachers, with method tips
- game ideas and variations for different ability levels, to be played alone or in groups
- an important building block for speech development in kindergarten

What is the opposite of loud? When something is not dry, what is it then? Adjectives name the qualities of people, animals and objects. This makes them an important part of children's vocabularies. The jolly and colourful picture cards in the thinking and card-laying game illustrate contrasting qualities, which must be gathered into pairs. With this tool, children in kindergarten and pre-school can playfully practice describing their environment!

Grow Early Vocabulary: Recognize and Name Opposites

Whether sorting games or "I see something you don't see" – with this thinking and card-laying game, with its many variations, boredom is impossible.

The children can play alone or in a group as they each seek out the appropriate opposite for their cards. In this way, they playfully expand their vocabulary and train visual awareness and logical thinking.

The diverse applications make these picture cards a valuable addition to daily life in kindergartens. Implemented as a tool in the field of logopedic therapy, they guarantee entertaining sessions!

Fast or Slow? Thick or Thin?

Thinking and card-laying games for pairs of opposites: adjectives

by Angela Gully

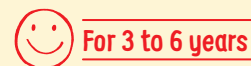
illustrated by Anja Goossens

from the series „Denk- und Legespiele für Kinder“

Boxed set of 30 cards, 9x13 cm; accompanying booklet

€ (D) 14,00

EAN 426069492 031 2



Now the narrative track is a Kasper theater!



- **ready-to-play: cut-out figures and backgrounds plus script, with play tips and follow-up ideas for teachers**
- **first listen, then re-tell the story: playful speech promotion for children from the age of two**
- **download code for outline drawings to cut out and colour**

Kasper and the Bewitched Grandmother

cut-out figures for playing and telling stories

by Jakob Ilakovac

illustrated by Anja Goossens

from the series „Kasperlestücke für die Erzählschiene“

cut-out figures and background, 12-page instruction booklet and script, DIN A4

€ (D) 14,00

EAN 426069492 015 2

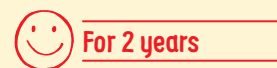
The witch resents the grandmother’s cooking talent. With magic, the witch wants to gain an advantage in the upcoming cooking contest. All of a sudden, the grandmother can only make incomprehensible blub-sounds! But luckily, Kasper and his friends come to her rescue.

Using the cut-out figures on the narrative track, even small children can experience and understand Kasper and the grandmother’s adventure. The narrator is visible, as are the protagonists of the Kasper story – which means there’s no need to fear the nasty witch!

A Kasper narrative track play about jealousy and sticking together

The narrative track and its simple figure theater provide a clear view of the characters and background, which are moved along the guide grooves. The transparent play modus allows the viewers to quickly become not just witnesses, but participants. This encourages the children to help Kasper with his search for a cure for the grandmother. Together, they solve the problem and can subsequently re-tell the adventure in their own words and then re-play it themselves.

Language acquisition, creativity and developing competence in handling the theater elements – with the Kasper theater stories for the narrative track, success is assured!



“Jungle Adventure” and “Storm in the Ocean”: Yoga Stories for Children



- boxed set with ABC-book of yoga positions and 35 picture cards depicting yoga positions and comprehensive information on planning a yoga hour
- 12 imaginative, field-tested stories combined with appropriate asanas
- ideal for providing movement in kindergarten, elementary school or children’s gymnastics

12 Yoga Join-in Stories for Children

for little yogis from 4 to 6

by Gertrud Fassl
illustrated by Gabriele Pohl

boxed set of 35 picture cards (9x13 cm) and
112-page practice book, DIN A5, paperback

€ (D) 20,00

ISBN 978-3-7698-2541-1

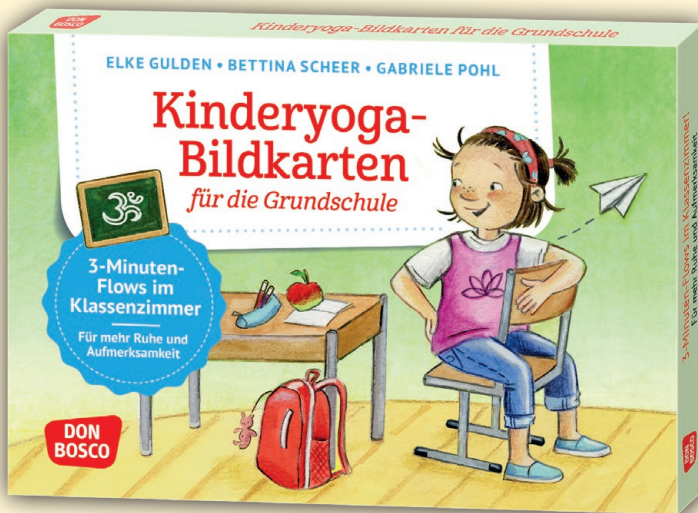
Yoga is balsam for the body, spirit and soul – not only for adults. Many children do not experience enough relaxation, which can lead to unease and fears. Gertrud Fassl, an experienced pedagogue, has made it her task to bring more calmness into the daily life of kindergarten and elementary school children, with yoga exercises. Complete lesson hours can be created with the 12 join-in stories, in which yoga exercises are combined with fun stories – no previous experience necessary!

“Jungle Adventure” and “Ocean Storm”: Yoga stories for children

The author knows from personal experience how positively yoga affects the body and spirit. The slow, controlled sequence of movements promotes flexibility and at the same time, supports children’s body awareness and concentration. In her instruction book, yoga sessions are presented as space adventures and stories about pirates – ideal for young adventurers, for whom simpler body exercises would be too boring!



Reduce stress and find inner balance with Yoga for children



- elementary school yoga: 14 practice sequences for children from age 6, which work while seated or standing at one's desk
- stretching and flexing while repeating memory rhymes that make movement more fun
- especially suited for relaxation and movement practice at elementary school, with no previous knowledge, mats or preparation needed

Elementary school students often struggle to sit calmly and concentrate over prolonged periods of time. Those moments are perfect for an “Alphabet-tea” or a “Trip to Space”. These yoga relaxation exercises clear the mind for new teaching material!

The experienced exercise instructors Bettina Scheer, Elke Gulden and Gabriele Pohl have created a card set of yoga exercises for children that creates peace in the class room and boosts the children’s concentration. Every folding card depicts a colorful introductory image on the front side and images of the complete flow instructions on the back side.

Reduce stress and find inner balance with Yoga for children

The slow sequences and the focus on their own breath help children to relax their muscles and to improve their focus. ‚Yoga for Children – Picture Cards‘ includes only short exercises that function in everyday clothing and without a warm-up phase, so they can be implemented at any time, directly at one’s desk in the classroom.

This enables you to create soothing moments of peace in the often exhausting daily school life!

Yoga for Children – Picture Cards for the Elementary School

3-minute-flows for the classroom: for more calmness and awareness

by Elke Gulden and Bettina Scheer
illustrated by Gabriele Pohl

from the series „Körperarbeit und innere Balance. 30 Ideen auf Bildkarten“

boxed set of 15 folding cards, DIN A5, incl. methodical notes

€ (D) 18,00

EAN 426069492 011 4



Everything but Sitting Still: Movement Stories for Morning Circles, Gymnastic Lessons, etc.



- 15 DIN A5 folding cards, each with an introductory image on the front and instructions on the back, for quick and easy exercise units
- strengthens children: helps even fidgety children to more easily calm themselves and relax by transitioning smoothly and easily from action and movement to resting phase
- a pedagogical offer from age 2 and kindergarten – no previous knowledge or materials needed

Stretching, jumping or sometimes just curling into a small ball – these join-in stories make children move! When a story is told, the children imitate the sequences of the story line. Every story ends in a calming relaxation segment.

The 14 relaxation stories of this card set by Monika Bücken-Schaal are ready for use at any time. In an imaginative way, they teach children to become aware of their bodies and to allow themselves to be accompanied into a state of soothing peacefulness and balance.

Bending over, stretching, stomping: Let us strengthen the body awareness of children!

No matter if in the morning circle, before lunch or as a final exercise during children's gymnastics – these picture cards offer versatile, pedagogical exercises for day care and kindergarten. The stories can be told spontaneously in the group or movement room, by simply creating an open center of the room.

These exercises enable you to playfully strengthen body awareness and to guide children from movement to relaxation in an imaginative way!

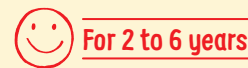
Movement Stories for Calmness and Relaxation

picture cards for children from 2 to 6
by Monika Bücken-Schaal
illustrated by Nadine Bougie

from the series „Körperarbeit und innere Balance. 30 Ideen auf Bildkarten“

boxed set of 15 folding cards, DIN A5, incl. methodical notes

€ (D) 18,00
EAN 426069492 013 8



I Am Wanted and Lovable! Children discover their worth



- understand feelings, discover strengths, activate resources
- 30 impulse cards for becoming aware of inner emotional worlds for children with instructions and download material
- for kindergartens, elementary schools, special needs schools and health care institutions

What am I thinking? What am I feeling? How do I deal with negative feelings? Children often ask themselves and grownups questions about their inner world of emotions, for which they still lack adequate expression. This picture card set accompanies and supports professionals from the fields of pedagogy and therapy on their quest for answers. Angelika Grubert has collected the most efficient methods from her work as a systemic counselor and children's coach. With the help of short exercises, affirmations and lovability reflection vocabulary, she motivates the children to name feelings and to discover their potential. This cultivates confidence in their self-efficacy, improves their emotion regulation and strengthens their resilience.

Understanding feelings, finding the right words: strengthening children through coaching

Children suffer if not allowed to feel and or be themselves. They don't develop language for what moves them. That's why, in this picture card set, the emphasis is always on the message: "I am wanted and lovable!" The entry into self-reflection is made easy by the interaction between vivid pictures, short exercises and conversation impulses.

This enables tutors, pedagogues and therapists to contribute to helping children develop trust in their own talents and accept themselves as strong and able!

Coaching Children: Discovering the Treasure in Me

Understand feelings, discover strengths, activate resources. 30 impulse cards for working with children ages 4 to 10

by Angelika Grubert
illustrated by Margret Russer

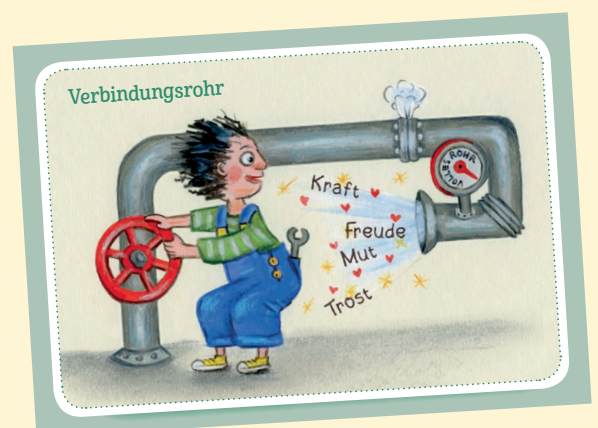
from the series „Körperarbeit und innere Balance. 30 Ideen auf Bildkarten“

Boxed set of 32 cards, DIN A5, incl. methodical notes and download code

€ (D) 18,00
EAN 426069492 009 1



For 4 to 10 years



Dissolving Children's Stress with Awareness Exercises



- 30 handy cards with body exercises by the Maria Holl Method, including self-massage, relaxation techniques and breathing exercises
- every awareness exercise works while being seated or standing
- suited for relaxation and movement offers at daycare and elementary schools, ready for use at any time: no previous knowledge or materials needed

Stretching the body, breathing away the anger and letting go of stress: this awareness training enables students to become calmer and encourages concentration. The experienced healing therapist and social pedagogue, Maria Holl, has collected awareness exercises for children that are easily integrated into a class at any time. This helps to regulate performance pressure, to dispel worries and to find inner balance.

Dissolving Children's Stress with Awareness Exercises

It's time to "grow roots between toes" or "relax the stomach ache", to counter the risk of becoming overwhelmed by everyday school life. No matter if at the beginning of class, before tests or just in-between: these short movement exercises can be easily executed without mats or materials, right where you are. These quick ideas enable successful awareness training, even with a full schedule – the perfect way to take a break from busy everyday school life, to let go of aggression and stress and to strengthen children!

Awareness Exercises for Relaxed Learning.

30 picture cards for children - body exercises for elementary school

by Maria Holl
illustrated by Martina Müller

from the series „Körperarbeit und innere Balance. 30 Ideen auf Bildkarten“

Boxed set of 32 cards, DIN A5, incl. methodical notes

€ (D) 18,00
EAN 426069492 012 1



Communicating Values with the Kamishibai: What to do, if You're Plagued by Guilt?



- 12 DIN-A3 cards illustrated by Antje Bohnstedt and accompanying script convey moral values and strengthen social competences
- explains having a bad conscience and feelings of jealousy and guilt to children
- a pedagogical offer for speech encouragement at kindergarten, daycare and elementary school, providing empathic discussion impulses for tricky subjects like jealousy, lies and stealing

I'll just take this for myself!

Discover. Describe. Understand: Picture card stories by Lydia Hauenschild illustrated by Antje Bohnstedt

from the series „Bilderbuchgeschichten für unser Erzähltheater“

12 picture cards, DIN A3, incl. script

€ (D) 16,00

EAN 426069492 025 1



Merle and Benni are good friends. Benni has a new pocket knife, which he proudly presents to Merle. As it accidentally slides out of Benni's pocket, Merle secretly takes it for herself. On the way home, Benni discovers that he has lost his knife and is terribly sad about it. And Merle? She's plagued by guilt. How can she ever apologise to her friend?

Lydia Hauenschild's story for the narrative theater shows how jealousy can lead to theft and finally to feelings of guilt. This doesn't only animate discussions about lies, remorse and making amends – it also offers solutions: perfect for religion and ethics lessons at elementary schools.

With the Kamishibai picture cards, children can experience the friendship story, "I'll just take this for myself!", with all their senses. As listeners, they become animated to participate.

Thus, moral values can be successfully conveyed at daycare and elementary schools in a vivid way.

Don Bosco Media...

... belongs to the leading tradition-rich and corporation-independent specialist publishers for early childhood pedagogy and religious pedagogy.

Our practical and expertise source books, work material and innovative products, such as the story theater “Kamishibai” or the original Don Bosco “Narrative Track”, accompany the daily work of caring for and education children and have earned themselves a high reputation amongst childcare workers, teachers and community workers.

Our experienced authors maintain a constant exchange with their target audience to guarantee up-to-date practical relevance.

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»Learning is experience.
Everything else is just
information.«

Albert Einstein



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